

BABY FRIENDLY SPACES

SUPPORTING THE WELLBEING OF FAMILIES WITH CHILDREN UNDER 2

What is a Baby Friendly Space?

A holistic, psychosocial program that aims at providing comprehensive support to children and their caregivers who are facing a crisis:

- ❖ A space that is set-aside for **families with small babies**
- ❖ **Access** to: **support**, a **place to relax**, a private **space to breastfeed**, other **families with small children**
- ❖ Staff or volunteers who are able to provide **support on infant and young child feeding and care practices**
- ❖ **Facilities** such as: **diaper changing**, **baby bathing**, drinking water, toilets and hand washing stations
- ❖ Sometimes, but not always, families can **access distributions**, such as baby **clothing**, **hygiene and sanitation supplies**, **post-partum hygiene kits**
- ❖ **Psychosocial and psychological support** for families in order to maintain / improve the care provided to their children.

Baby Friendly Space objective:

Preventing morbidity and mortality of infants associated with poor Infant and Young Child Feeding (IYCF) and Care practices

Infant and Young Child Feeding support aims to protect, promote, and support the feeding and care of infants and young children and their caregivers. This is critical to support child survival, growth and development and to prevent malnutrition, illness and death.

Target beneficiaries of Baby Friendly Spaces

COMMUNITIES

FAMILIES WITH CHILDREN <2Y & PREGNANT WOMEN

MOMS WITH CHILDREN <2Y & PREGNANT WOMAN

CHILD <2Y



Care practices are essential to the reinforcement of optimal development, mother/caregiver-child relations and the psychological well-being of children and their caregivers.